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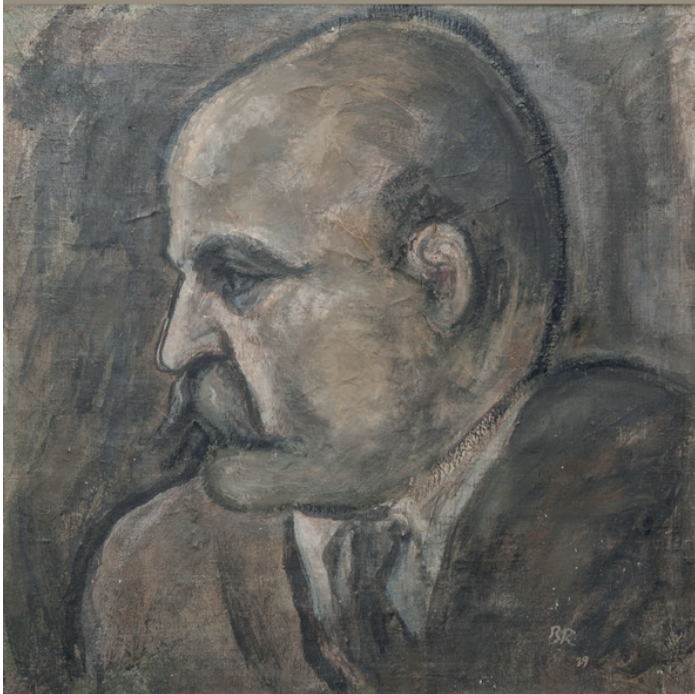
MYSTICISM, CONTEMPLATION, AND EXERCISES

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GURDJIEFF

Mysticism, Contemplation, & Exercises



JOSEPH AZIZE

January 2020 | March 2020

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Hardcover | 9780190064075 | 348 pages

The Armenian-born mystic, philosopher, and spiritual teacher G. I. Gurdjieff (c.1866-1949) is an enigmatic figure, the subject of a great deal of interest and speculation, but not easily fitting into any of the common categories of “esoteric,” “occult,” or “New Age.” Scholars have for the most part passed over in silence the contemplative exercises presented in Gurdjieff’s writings. Arguing that an understanding of these exercises is necessary to fully appreciate Gurdjieff’s contribution to modern esotericism, Joseph Azize offers the first complete study of the exercises and their theoretical foundation.

## FEATURES

- Provides a fresh reading of Gurdjieff’s life and especially his relationship with two writers of genius: P. D. Ouspensky and A. R. Orage
- Lays bare the relationship between Gurdjieff’s theories and his contemplation-like exercises, which he called “Transformed-contemplation”

*“An outstanding study of the practical basis of Gurdjieff’s teaching that will form a new benchmark in scholarly studies.”*

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Joseph Azize is a priest in the Maronite Catholic Church, working chiefly in the Chancery, and an honorary associate at the University of Sydney.

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